Frequently Asked Questions GlycoAla®



PATIENTS/CLIENTS

Q: How long does a treatment take?

A: The whole treatment takes 70-90 minutes. The practitioner will exfoliate your skin to remove the dead skin cells. GlycoAla is applied to your skin and left for 40 minutes, during which time you will relax in a darkened room. Once the GlycoAla is removed, you are placed under the light.

Q: Is the treatment uncomfortable?

A: You may feel a tingling sensation when placed under the light, but this is typically transient and dependent on the extent of sun damage you have.

Q: Is the treatment effective?

A: Yes. GlycoAla gel is clinically proven to improve the appearance of skin firmness, texture, and to reduce the look of pore size. It also significantly improves the effects of hydration.

Q: Is it safe?

A: Yes. Your provider will discuss contraindications and precautions with you. Some drugs and illnesses may make you photo sensitive, therefore, you may not be suitable for the treatment.

Q: How many treatments do I need?

A: For best results, a course of 3 treatments, spaced 4 weeks apart is recommended.

Q: Will I need maintenance treatments?

A: Yes. Your practitioner will recommend your skin maintenance regimen and future treatments.

Q: Is there any downtime?

A: Depending on your skin condition and areas treated, you may experience minimal downtime. You will be instructed to avoid going outdoors in the sunlight for 48 hours after the treatment, and to wear a high SPF sun protection and a wide brimmed hat and protective clothing if you do go out. A higher degreee of a reaction may occur with more sun-damaged skin, where there may be moderate redness or mild to moderate red spots for 24 to 48 hours.

Q: How do I treat my skin post treatment? Can I go back to my normal skin care routine right after I have the treatment?

A: Your provider will review with you the appropriate post-treatment skin regimen.

Q: How soon may I apply make-up after the treatment?

A: We suggest you wait until the next day after the procedure to apply make-up. Depending on the degree of your reaction, it might be recommended to wait from 2-10 days post-procedure. It is advisable to check with your skin care professional if in doubt.

Q: How soon can I expect to see results?

A: Results can be seen as soon as one month after the first treatment, but best results are 30 days after the third and final treatment.